

PUBLIC HEALTH FACT SHEET

Hib

Massachusetts Department of Public Health, 305 South Street, Jamaica Plain, MA 02130

What is Hib disease?

Haemophilus influenzae type B (Hib) is a serious disease caused by bacteria. It usually affects young children under the age of 5. Before Hib vaccine, Hib disease was the leading cause of bacterial meningitis among children. Hib meningitis can cause permanent brain damage. Hib can also cause swelling in the airways and lead to suffocation. Hib can infect the lungs, blood, joints, bones and the thin membrane that covers the heart.

Is Hib disease dangerous?

Yes. Before Hib vaccine, each year about 20,000 children in the United States under 5 years old got severe Hib disease and nearly 1,000 of them died.

How is Hib disease spread?

Your child can get Hib disease by being around other children or adults who may have the bacteria and not know it. It is spread by a germ from person to person. If the germs stay in the nose and throat, children probably won't get sick. But sometimes the germs spread into a child's lungs or bloodstream and then Hib can cause serious problems.

Who gets Hib disease?

Black, Latino, Native American, and poor children are at higher risk of getting Hib. Children younger than 6 who attend day care seem to be at higher risk, too. Children and adults with sickle cell anemia, no spleen, weakened immune systems or on drugs or treatments that weaken the immune system, also are at higher risk for Hib. Hib is most common in infants, but nearly half the cases occur in children age 12 months or older.

How can you prevent Hib disease?

Protect your children by having them vaccinated. All infants should get a series of four Hib shots starting when they are 2 months old. The rest of the shots are given at 4, 6, and 15 months. There are different schedules for babies between 7 and 15 months old who missed the shots when they were younger. Children 15 months through 4 years of age need at least 1 dose. Children 5 years of age and older, and adults with the special health problems described above, also need at least 1 dose.

Is the Hib vaccine safe?

Yes, it is safe for most people, but like any vaccine it can sometimes cause mild side effects. About one of every 4 children who get Hib vaccine will have a little redness or swelling where the shot was given. Up to 5 in 100 children will run a fever of 101° F or higher. These reactions are not serious and usually go away in a few days. More severe reactions can happen, but they are rare.

Who should not get Hib vaccine?

- People who have ever had a serious reaction to a previous dose of Hib vaccine
- Children less than 6 weeks of age
- People who are moderately or severely ill at the time the shot is scheduled should usually wait until they recover

Where can you get more information?

- **Your doctor, nurse or clinic**
- **Your local board of health** (listed in the phone book under local government)
- **The Massachusetts Department of Public Health (MDPH) Immunization Program (617) 983-6800** of toll-free at **1-888-658-2850** or on the MDPH website at **<http://www.state.ma.us/dph/>**, or the regional office of the MDPH immunization program:

Central Immunization Office, West Boylston	(508) 792-7880
Metro/Boston* Immunization Office, Jamaica Plain	(617) 983-6860
Northeast Immunization Office, Tewksbury	(978) 851-7261
Southeast Immunization Office, Lakeville	(508) 947-1231
Western Immunization Office, Amherst	(413) 545-6600

*For Boston providers/residents, you may also call the Boston Health Commission at (617) 534-5611.